

# Illness and Quarantine Guidelines

## PERSON A →

Any person who has tested positive for or having symptoms of COVID-19.

**Notify Health Service**

### With symptoms:

*Isolation until the following requirements are met:*

- Evaluation from medical provider  
or
- 5 days since symptoms first appeared **AND** 24 hours with no fever **AND** symptoms are improving

### Without symptoms and a positive test:

*Isolation for 5 days from positive test date as long as no symptoms develop.*

- Face cover required for 5 days after return from isolation of 5 days.

## PERSON B →

Any person living in the same household as Person A.

**Notify Health Service**

**Quarantine for 5 days and wear a face cover for 5 days after return from quarantine.**

### Do not need to quarantine if:

- Two weeks after COVID-19 vaccination series is complete and no symptoms  
or
- 5 days after and up to 90 days from positive test and no symptoms.

## PERSON C

Any other person.

**No quarantine required.**

### Definitions:

**Isolation** separates infected people from those who are not sick.

**Quarantine** separates those who have been exposed to an infectious person.

\*Students and employees returning to school after the 5-day period will be required to wear a face covering/mask for five additional days. Persons who are unable to wear a face cover will remain in isolation or quarantine for the full 10 days.